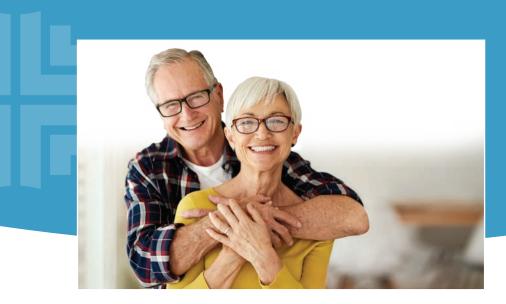
# Extraordinary Living Where Everyone is Family



Assisted Living | Memory Care
Health Center Services at Adams Woodcrest



Member of Adams Health Network



#### **Live Every Moment**

At Adams Woodcrest, we offer **extraordinary living where everyone is family**. It is our vision to be known as an innovative senior living leader inspiring growth and excellence. Our collaborative team erases boundaries and transforms lives. As older adults age, often health and wellness needs change. That's when Adams Woodcrest can offer a supportive, residential environment that includes individualized care based on the needs of each resident.

#### We're in Good Company

Adams Woodcrest is affiliated with Adams Health. Located approximately one quarter mile away and connected via the walking trails, Adams Memorial Hospital serves Decatur and outlying communities with a variety of healthcare services, including many specialty services such as Urology, Orthopedics, Pulmonology, and Gastroenterology. This state-of-the-art facility operates a 24-hour Emergency Room and many other services, including the Worthman Fitness Center.



Adams Memorial Hospital

#### **Lifestyle Options**

Our lifestyle options include our Assisted Living Community, Memory Care Household and Health Center. Each level of care includes an apartment or room, community amenities, services and a person-centered care program individualized for each resident.

Our lifestyle options may only be needed temporarily such as post surgery for rehabilitation. Or, choosing assisted living will support residents as their health care and wellness needs evolve.



Assisted Living provides support with activities of daily living such as dressing, bathing, medication reminders, and transportation, along with access to daily meals, activities, housekeeping and laundry services.



Memory Care Housefold is a comfortable, secured residence designed for people living with Alzheimer's disease and other forms of dementia. Both personal care and skilled nursing services are available in the Memory Care Household.



After surgery or a hospital stay, a person may need to recover and regain strength and functionality. Whether they are here for a short visit or an extended stay, the Health Center at Adams Woodcrest is a valuable resource for skilled nursing and rehabilitation services.

## assisted living



Residents start each day on their own terms with person-centered care and services available when needed. Whether residents seek solace in their comfortable private apartments, enjoy a peaceful walk in nature, or relish the company of loved ones, Assisted Living at Adams Woodcrest is designed to serve as a cherished home.

As a premier choice for assisted living, our unique households provide opportunities to socialize and make new friends. We understand that everyone's routine is unique, so we empower each resident to live life at their own pace with the dedicated support of our experienced staff.

Residents enjoy private apartments with kitchenettes, while shared areas such as sitting rooms with fireplaces, bistro, dining room, and outdoor spaces foster a warm and welcoming environment. With a focus on resident autonomy and support, Assisted Living at Adams Woodcrest ensures a quality lifestyle where individuals are respected, included, and cared for according to their schedules.



#### A Choice of Assisted Living Apartments

Assisted Living at Adams Woodcrest offers a variety of apartment sizes. Studio, 1 and 2-bedroom floor plans and views to Main Street, a Courtyard or the Forest are available. Some offer space and privacy, while others can be shared for companionship and affordability.

#### **Amenities in the Apartments**

Enjoy amenities such as kitchenettes, state-of-the-art emergency call systems, individualized temperature controls, wall-to-wall carpeting, and window sheers. Utilities (except phone) are included, as well as cable TV and Wi-Fi ready. Housekeeping, general maintenance, and shared laundry complete services.



The **Decatur** One Bedroom Apartment 620-650 Square Feet

The **Madison** Studio Apartment 366-407 Square Feet











#### The Heart of Assisted Living

Each household is staffed by a skilled team committed to assuring residents all the freedom of daily living, embracing privacy and rich social opportunities.

#### **Assisted Living Amenities**

- Custom designed community to support independence as needs change.
- A gracious family room with fireplace and bistro to catch up with family and friends.
- A community room for residents to gather and explore various educational, vocational, spiritual, and entertainment interests.
- Restaurant-style dining with fresh, homemade meals and nutritious snacks available day and night.
- Snacks and coffee available daily.
- Beauty/Barber shop on-site.
- Scheduled transportation for appointments and outings.
- A personal care program designed to promote independence with a sense of safety and peace-of-mind.



#### Finances and Value

Since 1989, Adams Woodcrest has served older adults seeking to live a maintenance-free, active lifestyle. We take the chores out of life so each resident can do what they want to do each day. As each resident's health and wellness needs change – there are lifestyle options available at the Adams Woodcrest campus to serve them including assisted living, memory care, and a health center.

#### **Finances**

As a senior living community, we form a contract with our residents. For an upfront fee plus monthly rent, Adams Woodcrest provides housing and a variety of services to each resident. These fees vary based on the unit size, unit type, and location on the campus. As a resident's health and wellness needs change, we can extend to them, at no additional cost for a period of time, access to assisted living, memory care, and the health center on the Adams Woodcrest campus.

#### A More Predictable Future

Adams Woodcrest Senior Living enables residents to age among familiar surroundings rather than relocate out of town as needs change. Residents can better plan for their future housing and care expenses, while **Living Every Moment** today. Add up all the costs (both your expenses and your time) you have today, and how they've increased – home costs, taxes, maintenance, insurance, utilities, and more. Not only what you pay, but the time and work that goes into a home. Many people find Adams Woodcrest to offer a better value.

Our residents typically fund a move to assisted living at Adams Woodcrest through the sale of their home, personal savings, investment income and other financial tools.

Learn more by calling us today. (260) 724-3311

LIVE YOUR LIFE

# memory care household



Caring for a loved one with memory loss is not easy. We work to make it easier on family and friends who step into the role of caregiver.

The Memory Care Household at Adams Woodcrest offers unparalleled peace-of-mind to families and fulfilling, purposeful days for aging loved ones with Alzheimer's disease or other forms of dementia.

The Memory Care Household is ideal for people who can no longer live at home alone or require specialized assistance and oversight families are unable to provide.

The unit is particularly special in that we offer personalized care, skilled nursing, and rehabilitation services. Each resident can remain in familiar surroundings and not become disoriented by back and forth moves.



#### **Creating Familiar, Fulfilling Days**

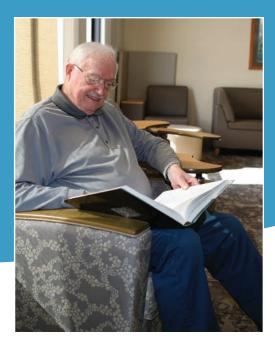
Similar to the households in Assisted Living, the Memory Care Household offers a full range of amenities and services, but in a smaller, more secure environment. This champions peace-of-mind and creates familiar, supportive surroundings and routines for each resident.

#### **Key Amenities & Services**

- Private, studio apartments each with a half bathroom and utilities (except phone) included.
- Nutritious, delicious meals and snacks prepared fresh each day.
- Small group and one-on-one activities designed to provide meaning and purpose.
- Supportive, light-filled household space to promote alertness, connectedness, and more positive emotions and behaviors during the day.
- Personalized care and engagement plans based on documented life stories.
- Secured, supervised indoor and outdoor spaces to create a heightened sense of safety and peace-of-mind.
- Special updates, communications, and get-togethers for the family caregivers of residents.
- One monthly fee for standard personal care, room, meals, activities, and amenities.



# Health center AT ADAMS WOODCREST



When rest, recuperation and rehabilitation are needed, our skilled team is ready to serve you.

The Health Center at Adams Woodcest caters to residents who require frequent and ongoing care from a skilled nursing staff, as well as supportive services such as daily meals, activities, and more. The Health Center team aspires to the highest standards of caregivers training, nursing coverage, wellness programming, and safety protocols.



### Personalized Care and Service to Provide for a Quality Life

The best care and service starts with the people we hire. Whether a quick recuperative stay or an extended residence with us, residents and their families become part of the Woodcrest family.

We focus on a team approach consisting of nurses and physical, occupational, and speech therapists. Our goal is to get individuals back to independence as quickly and safely as possible. Our caring staff will see to your complete comfort while our health care team designs a treatment plan that is perfectly customized for each resident with their goals in mind.

#### Other services include:

- Physical, occupational, and speech therapy.
- Care for diabetes.
- Certified Wound Care nurse on-site as needed.
- Memory Care Unit.
- Support with activities of daily living and restorative care.











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#### **Adams Woodcrest**

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